

Covid-19 Daily Self-Screening Questions

Each day before coming to campus, protect yourself and others by checking off the items below – even if you are fully vaccinated against Covid-19. Safety is our shared responsibility.

Do you have a **fever** (temperature over 100.4° F or 38° C) without having taken any fever-reducing medications?

Do you have a **loss of smell or taste**?

Do you have a **cough**?

Do you have **muscle aches**?

Do you have a **sore throat**?

Do you have **shortness of breath**?

Do you have **chills**?

Do you have a **new or unusual headache**?

Have you experienced new onset of any **gastrointestinal symptoms** such as nausea, vomiting, diarrhea, or loss of appetite in the last few days?

Have you, or anyone you have been in close contact with for 15 cumulative minutes in a 24-hour period, been **diagnosed with Covid-19** within the last two weeks?

- If you are fully vaccinated (and it has been less than 5 months since completing your primary series of Pfizer or Moderna vaccine or less than 2 months since your J&J vaccine), or you have received a booster dose of vaccine, and you are asymptomatic, you do not need to quarantine following a known exposure to Covid-19.
- However, recent guidelines from the Centers for Disease Control and Prevention (CDC) state you should get tested 5 days after your exposure, even if you don't have symptoms.
- You should also wear a well-fitting face mask in public indoor spaces for 10 days following exposure or until your test result is negative.
- If you become symptomatic, isolate yourself from others, get tested for Covid-19, and inform your healthcare provider of your vaccination status.

Have you been **asked to self-isolate** by a medical professional or a local public health official within the last ten days?

Remember, stay home if you develop any illness symptoms – even if you think it is a common cold.